





CHAP CONTINUAL PROFESSIONAL DEVELOPMENT 2021-22 CALENDAR


PSYCHOSOCIAL WELLBEING  **SEPTEMBER 8TH, 2021**

MAIN SPEAKER: Prof David Colquhoun
'Depression is a risk factor for completing Cardiac Rehabilitation: How do we change this?'

SERVICE OF THE MONTH: Northern and York Health Services

CHAP PHARMACIST: How important is duration when prescribing beta-blockers after acute MI?







INITIAL ASSESSMENT & GOAL SETTING  **FEBRUARY 9TH, 2022**

MAIN SPEAKER: Dr Rosemary Higgins
'Motivational Interviewing and Goal Setting: Lessons learned from my practice.'

SERVICE OF THE MONTH: Barossa Hills Fleurieu

CHAP PHARMACIST: Direct oral anticoagulants or vitamin K antagonists can be used to treat patients with bioprosthetic valve and AF







TOBACCO CESSATION AND ALCOHOL REDUCTION  **JUNE 8TH, 2022**

MAIN SPEAKER: ?
'Illicit drug use and heart disease: cocaine and ICE in the context of Cardiac Rehab patients'

SERVICE OF THE MONTH: CATCH Telephone Service

CHAP PHARMACIST: Cardiovascular adversity of illegal drugs







ACTIVITIES FOR DAILY LIVING  **OCTOBER 12TH, 2022**

MAIN SPEAKER: A/ Prof Doa El-Ansary
'Motor vehicle driving after cardiac surgery via a Median Sternotomy: Mechanical and cognitive considerations'

SERVICE OF THE MONTH: NALHN Lyell McEwin Hospital

CHAP PHARMACIST: The MAGICAL "triple pill" effectively controls high blood pressure







TOBACCO CESSATION AND ALCOHOL REDUCTION  **JUNE 9TH, 2021**

MAIN SPEAKER: Dr Colin Mendelsohn
'Vaping nicotine can help your smoking patients quit?'

SERVICE OF THE MONTH: Inner North Community Health Services

CHAP PHARMACIST: Effective pharmacotherapies for smoking cessation






MEDICATION  **OCTOBER 13TH, 2021**

MAIN SPEAKER: Mr. Greg Roberts
'This is what I say in the discharge talk for patients on warfarin and anticoag therapy'

SERVICE OF THE MONTH: Barossa Hills Fleurieu

CHAP PHARMACIST: What does the evidence say about the role of Myotrope therapy in HF patients with reduced ejection fraction?


HEART EDUCATION & SELF MANAGEMENT  **MARCH 9TH, 2022**

MAIN SPEAKER: Professor Robyn Clark
'Meet Nurse Cora: Avatars and gaming for cardiac patient education'

SERVICE OF THE MONTH: Flinders & Upper North

CHAP PHARMACIST: Important tips to safe prescription of novel oral anticoagulants







MEDICATION EDUCATION AND REVIEW  **JULY 13TH, 2022**

MAIN SPEAKER: Dr Lemlem Gebremichael
'Review of evidence based pahrmacotherapy in SA cardiac rehabilitation programs: notes for your practice'

SERVICE OF THE MONTH: South East Regional Community Health

CHAP PHARMACIST: Is dual therapy, ticagrelor and aspirin, more effective for patients undergoing CABG than single aspirin therapy?






REASSESSMENT AND COMPLETION  **NOVEMBER 9TH, 2022**

MAIN SPEAKER: James McVeigh
How to mend a broken heart?...Treatment and casues of Takotsubo

SERVICE OF THE MONTH: Port Lincoln health service

CHAP PHARMACIST: What is Takotsubo cardiomyopathy and how to treat it?


MANAGING MEDICAL RISK FACTORS  **JULY 14TH, 2021**

MAIN SPEAKER: Prof Jeroen Hendriks
'Integrated Care – a comprehensive care approach for the management of AF.'

SERVICE OF THE MONTH: CHAP Project - Katie Nesbitt

CHAP Pharmacist: What is NEW about the new SGLT2 inhibitor, Sotagliflozin?







REASSESSMENT AND COMPLETION  **NOVEMBER 13TH, 2021**

MAIN SPEAKER: Professor Robyn Clark
'The science behind the CATCH pre and post assessment data'

SERVICE OF THE MONTH: Flinders & Upper North

CHAP PHARMACIST: Adverse effects of the new primary CVD prevention polypill could limit their clinical use.







EXERCISE TRAINING & PHYSICAL ACTIVITY  **APRIL 13TH, 2022**

MAIN SPEAKER: Prof Claire Drummond
'10 tips on getting inactive post cardiac patients active'

SERVICE OF THE MONTH: Riverland Mallee Coorong

CHAP PHARMACIST: Pros and cons of weight loss medications on the cardiovascular system






MANAGING MEDICAL RISK FACTORS  **AUGUST 10TH, 2022**

MAIN SPEAKER: Prof Margaret Arstall
'Girl talk: managing CVD in women during pregnancy, menopause and beyond'

SERVICE OF THE MONTH: SALHN, Flinders Medical Centre

CHAP PHARMACIST: Re-thinking the old beliefs of oestrogen benefits the cardiovascular system


XMAS SPECIAL  **DECEMBER 14TH, 2021**

MAIN SPEAKER: Dr Alline Beleigoli
CHAP/CATCH Project Outcomes baseline and Year 1: Celebrating what we have achieved !

SERVICE OF THE MONTH OSCARS

CHAP PHARMACIST: do 'MONA' treatment has clinical applicability to treat ACS at present?






ACTIVITIES FOR DAILY LIVING  **AUGUST 11TH, 2021**

MAIN SPEAKER: Prof Robert Adams
'Managing sleep disorders post hospital discharge for a cardiac event'

SERVICE OF THE MONTH: Northern and York Health Services

CHAP PHARMACIST: How important is duration when prescribing beta-blockers after acute MI?

XMAS SPECIAL HEALTHY EATING AND WEIGHT  **DECEMBER 8TH, 2021**

MAIN SPEAKER: Professor Peter Clifton
'Nutrition and cardiovascular disease: What is the evidence... What are the myths?'

SERVICE OF THE MONTH LOGIES AWARD CEREMONY

CHAP PHARMACIST: Can Type 2 diabetes medications help people lose weight?




HEALTHY EATING AND WEIGHT  **MAY 11TH, 2022**

MAIN SPEAKER: Dr Kacie Dickinson
'Excess sodium intake, hidden salts, food myths and cardiovascular disease'

SERVICE OF THE MONTH: Riverland Mallee Coorong

CHAP PHARMACIST: All about the two new non-statin drugs for cholesterol lowering




PSYCHOSOCIAL WELLBEING  **SEPTEMBER 7TH, 2022**

MAIN SPEAKER: Prof Adam Scott
'Tele-Mental Health solutions for country cardiac patients'

SERVICE OF THE MONTH: CALHN Royal Adelaide Hospital

CHAP PHARMACIST: Depression treatment and cardiovascular diseases




EVERY SECOND WEDNESDAY OF THE MONTH

45 MINUTES

1-1:45PM

VIA ZOOM

