

WELLBEING Health Services

MAIN SPEAKER: Prof David Colguhoun 'Depression is a risk factor for completing Cardiac Rehabilitation: How do we change

SERVICE OF THE MONTH: Northern and York

CHAP PHARMACIST: How important is duration when prescribing beta-blockers after acute MI?



SEPTEMBER

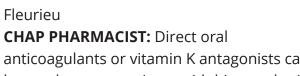
8TH, 2021

MAIN SPEAKER: Dr Rosemary Higgins

INITIAL ASSESSMENT &

GOAL SETTING

'Motivational Interviewing and Goal Setting: Lessons learned from my practice.' **SERVICE OF THE MONTH:** Barossa Hills



anticoagulants or vitamin K antagonists can be used to treat patients with bioprosthetic valve and AF **HEART EDUCATION & SELF**



FEBRUARY

9TH, 2022

MAIN SPEAKER:?

AND REVIEW

'Illicit drug use and heart disease: cocaine and ICE in the context of Cardiac Rehab patients

SERVICE OF THE MONTH: CATCH Telephone Service

MEDICATION EDUCATION

TOBACCO CESSATION AND

ALCOHOL REDUCTION

CHAP PHARMACIST: Cardiovascular adversity of illegal drugs

MAIN SPEAKER: Dr Lemlem Gebremichael

'Review of evidence based pahrmacotherapy

in SA cardiac rehabilitation programs: notes



JUNE 8TH.

2022

via a Median Sternotomy: Mechanical and cognitive considerations'

'Motor vehicle driving after cardiac surgery

MAIN SPEAKER: A/ Prof Doa El-Ansary

SERVICE OF THE MONTH: NALHN Lyell McEwin Hospital

CHAP PHARMACIST: The MAGICAL "triple pill" effectively controls high blood pressure

TOBACCO CESSATION AND ALCOHOL REDUCTION

MAIN SPEAKER: Dr Colin Mendelsohn 'Vaping nicotine can help your smoking patients quit'?

SERVICE OF THE MONTH: Inner North Community Health Services

CHAP PHARMACIST: Effective pharmacotherapies for smoking cessation



JULY 14TH.

2021

MEDICATION

REASSESSMENT AND

COMPLETION

assessment data'

PSYCHOSOCIAL

MAIN SPEAKER: Mr. Greg Roberts 'This is what I say in the discharge talk for patients on warfarin and anticoag therapy' **SERVICE OF THE MONTH:** Barossa Hills

CHAP PHARMACIST: What does the evidence say about the role of Myotrope therapy in HF patients with reduced ejection fraction?

MAIN SPEAKER: Professor Robyn Clark

'The science behind the CATCH pre and post

SERVICE OF THE MONTH: Flinders & Upper



NOVEMBER

13TH, 2021

OCTOBER

13TH, 2021

MANAGEMENT

MAIN SPEAKER: Professor Robyn Clark 'Meet Nurse Cora: Avatars and gaming for cardiac patient education'

SERVICE OF THE MONTH: Flinders & Upper

CHAP PHARMACIST: Important tips to safe prescription of novel oral anticoagulants

MAIN SPEAKER: Prof Claire Drummond

'10 tips on getting inactive post cardiac

SERVICE OF THE MONTH: Riverland

CHAP PHARMACIST: Pros and cons of

weight loss medications on the



APRIL 13TH

13TH, 2022

Riverland Mallee Coorong

MARCH

9TH, 2022

for your practice' **SERVICE OF THE MONTH: South East**

Regional Community Health **CHAP PHARMACIST:** Is dual therapy, ticagrelor and aspirin, more effective for patients undegoing CABG than single aspirin thereas AUGUST 10TH

MANAGING MEDICAL RISK FACTORS



MAIN SPEAKER: Prof Margaret Arstall

'Girl talk: managing CVD in women during pregnancy, menopause and beyond'



CHAP PHARMACIST: Re-thinking the old beliefs of oestrogen benefits the cardiovascular system



OSCARS

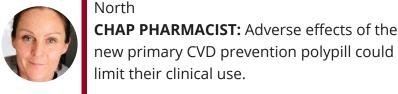
treatment has clinical applicability to treat ACS at present?



MAIN SPEAKER: Prof Jeroen Hendriks 'Integrated Care – a comprehensive care approach for the management of AF.'

SERVICE OF THE MONTH: CHAP Project - Katie Nesbitt

CHAP Pharmacist: What is NEW about the new SGLT2 inhibitor, Sotagliflozin?



new primary CVD prevention polypill could limit their clinical use.

XMAS SPECIAL HEALTHY EATING AND WEIGHT



MAIN SPEAKER: Dr Kacie Dickinson



MAY 11TH,

2022

MAIN SPEAKER: Prof Adam Scott

PSYCHOSOCIAL

WELLBEING

'Tele-Mental Health solutions for country cardiac patients'



SEPTEMBER

7TH, 2022

CHAP PHARMACIST: Depression treatment and cardiovascular diseases



REASSESSMENT AND COMPLETION

MAIN SPEAKER: James McVeigh How to mend a broken heart?...Treatment and casues of Takotsubo

SERVICE OF THE MONTH: Port Lincoln health service

CHAP PHARMACIST: What is Takotsubo cardiomyopathy and how to treat it?

XMAS SPECIAL



CHAP/CATCH Project Outcomes baseline and Year 1: Celebrating what we have achieved!

SERVICE OF THE MONTH

CHAP PHARMACIST: do 'MONA'

ACTIVITIES FOR DAILY LIVING

MAIN SPEAKER: Prof Robert Adams 'Managing sleep disorders post hospital discharge for a cardiac event'

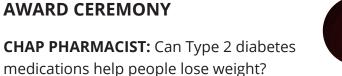
SERVICE OF THE MONTH:

Northern and York Health Services **CHAP PHARMACIST:** How important is duration when prescribing betablockers after acute MI?



MAIN SPEAKER: Professor Peter Clifton 'Nutrition and cardiovascular disease:

What is the evidence... What are the myths?' **SERVICE OF THE MONTH LOGIES**





WEIGHT

HEALTHY EATING AND

EXERCISE TRAINING &

PHYSICAL ACTIVITY

patients active'

Mallee Coorong

cardiovascular system

'Excess sodium intake, hidden salts, food myths and cardiovascular disease



CHAP PHARMACIST: All about the two new non-statin drugs for cholesterol lowering



SERVICE OF THE MONTH: CALHN Royal Adelaide Hospital



EVERY SECOND WEDNESDAY OF THE 45 MINUTES 1-1:45PM











OCTOBER

12TH, 2022







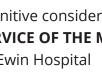












ACTIVITIES FOR DAILY

LIVING











DECEMBER

14TH, 2021 🚶













