

<div>  <div> <div>COUNTRY HEART ATTACK PREVENTION</div> <div>(CHAP) PROGRAM</div> <div>HEART HEALTH FOR LIFE</div> </div> </div> <div> <div>CHAP</div> <div>CONTINUAL</div> <div>PROFESSION</div> <div>DEVELOPMENT</div> <div>2021-22</div> <div>CALENDAR</div> </div>	<div>  <div>SEPTEMBER 8TH, 2021</div> </div> <div> <div>PSYCHOSOCIAL WELLBEING</div> </div> <div> <div> <div>MAIN SPEAKER:</div> <div>Prof David Colquhoun</div> <div>'Depression is a risk factor for completing Cardiac Rehabilitation: How do we change this?'</div> </div> <div> <div>SERVICE OF THE MONTH:</div> <div>Port Pirie Regional Health Service</div> </div> <div> <div>CHAP PHARMACIST:</div> <div>Which anti-depression medications are safe to treat cardiac patients?</div> </div> </div> <div>   </div>	<div>  <div>FEBRUARY 9TH, 2022</div> </div> <div> <div>INITIAL ASSESSMENT & GOAL SETTING</div> </div> <div> <div> <div>MAIN SPEAKER:</div> <div>Dr Rosemary Higgins</div> <div>'Motivational Interviewing and Goal Setting: Lessons learned from my practice.'</div> </div> <div> <div>SERVICE OF THE MONTH:</div> <div>Barossa Hills Fleurieu</div> </div> <div> <div>CHAP PHARMACIST:</div> <div>Direct oral anticoagulants or vitamin K antagonists can be used to treat patients with bioprosthetic valve and AF</div> </div> </div> <div>   </div>	<div>  <div>JUNE 8TH, 2022</div> </div> <div> <div>TOBACCO CESSATION AND ALCOHOL REDUCTION</div> </div> <div> <div> <div>MAIN SPEAKER:</div> <div>Professor Ann Roche</div> <div>'Illicit drug use and heart disease: cocaine and ICE in the context of Cardiac Rehab patients'</div> </div> <div> <div>SERVICE OF THE MONTH:</div> <div>CATCH Telephone Service</div> </div> <div> <div>CHAP PHARMACIST:</div> <div>Cardiovascular adversity of illegal drugs</div> </div> </div> <div>   </div>	<div>  <div>OCTOBER 12TH, 2022</div> </div> <div> <div>ACTIVITIES FOR DAILY LIVING</div> </div> <div> <div> <div>MAIN SPEAKER:</div> <div>A/ Prof Doa El-Ansary</div> <div>'Motor vehicle driving after cardiac surgery via a Median Sternotomy: Mechanical and cognitive considerations'</div> </div> <div> <div>SERVICE OF THE MONTH:</div> <div>NALHN Lyell McEwin Hospital</div> </div> <div> <div>CHAP PHARMACIST:</div> <div>The MAGICAL "triple pill" effectively controls high blood pressure</div> </div> </div> <div>   </div>
<div>  <div>JUNE 9TH, 2021</div> </div> <div> <div>TOBACCO CESSATION AND ALCOHOL REDUCTION</div> </div> <div> <div> <div>MAIN SPEAKER:</div> <div>Dr Colin Mendelsohn</div> <div>'Vaping nicotine can help your smoking patients quit?'</div> </div> <div> <div>SERVICE OF THE MONTH:</div> <div>Inner North Community Health Services</div> </div> <div> <div>CHAP PHARMACIST:</div> <div>Effective pharmacotherapies for smoking cessation</div> </div> </div> <div>   </div>	<div>  <div>OCTOBER 13TH, 2021</div> </div> <div> <div>MEDICATION</div> </div> <div> <div> <div>MAIN SPEAKER:</div> <div>Mr. Greg Roberts</div> <div>'This is what I say in the discharge talk for patients on warfarin and anticoag therapy'</div> </div> <div> <div>SERVICE OF THE MONTH:</div> <div>Barossa Hills Fleurieu</div> </div> <div> <div>CHAP PHARMACIST:</div> <div>What does the evidence say about the role of Myotrope therapy in HF patients with reduced ejection fraction?</div> </div> </div> <div>   </div>	<div>  <div>MARCH 9TH, 2022</div> </div> <div> <div>HEART EDUCATION & SELF MANAGEMENT</div> </div> <div> <div> <div>MAIN SPEAKER:</div> <div>Professor Robyn Clark</div> <div>'Meet Nurse Cora: Avatars and gaming for cardiac patient education'</div> </div> <div> <div>SERVICE OF THE MONTH:</div> <div>Flinders & Upper North</div> </div> <div> <div>CHAP PHARMACIST:</div> <div>Important tips to safe prescription of novel oral anticoagulants</div> </div> </div> <div>   </div>	<div>  <div>JULY 13TH, 2022</div> </div> <div> <div>MEDICATION EDUCATION AND REVIEW</div> </div> <div> <div> <div>MAIN SPEAKER:</div> <div>Dr Lemlem Gebremichael</div> <div>'Review of evidence based pahrmacotherapy in SA cardiac rehabilitation programs: notes for your practice'</div> </div> <div> <div>SERVICE OF THE MONTH:</div> <div>South East Regional Community Health</div> </div> <div> <div>CHAP PHARMACIST:</div> <div>Is dual therapy, ticagrelor and aspirin, more effective for patients undergoing CABG than single aspirin therapy?</div> </div> </div> <div>   </div>	<div>  <div>NOVEMBER 9TH, 2022</div> </div> <div> <div>REASSESSMENT AND COMPLETION</div> </div> <div> <div> <div>MAIN SPEAKER:</div> <div>James McVeigh</div> <div>How to mend a broken heart?...Treatment and causes of Takotsubo</div> </div> <div> <div>SERVICE OF THE MONTH:</div> <div>Port Lincoln health service</div> </div> <div> <div>CHAP PHARMACIST:</div> <div>What is Takotsubo cardiomyopathy and how to treat it?</div> </div> </div> <div>   </div>
<div>  <div>JULY 14TH, 2021</div> </div> <div> <div>MANAGING MEDICAL RISK FACTORS</div> </div> <div> <div> <div>MAIN SPEAKER:</div> <div>Prof Jeroen Hendriks</div> <div>'Integrated Care – a comprehensive care approach for the management of AF.'</div> </div> <div> <div>SERVICE OF THE MONTH:</div> <div>CHAP Project - Katie Nesbitt</div> </div> <div> <div>CHAP Pharmacist:</div> <div>How important is duration when prescribing beta-blockers after acute MI</div> </div> </div> <div>   </div>	<div>  <div>NOVEMBER 13TH, 2021</div> </div> <div> <div>REASSESSMENT AND COMPLETION</div> </div> <div> <div> <div>MAIN SPEAKER:</div> <div>Professor Robyn Clark</div> <div>'The science behind the CATCH pre and post assessment data'</div> </div> <div> <div>SERVICE OF THE MONTH:</div> <div>Flinders & Upper North</div> </div> <div> <div>CHAP PHARMACIST:</div> <div>Adverse effects of the new primary CVD prevention polypill could limit their clinical use.</div> </div> </div> <div>   </div>	<div>  <div>APRIL 13TH 13TH, 2022</div> </div> <div> <div>EXERCISE TRAINING & PHYSICAL ACTIVITY</div> </div> <div> <div> <div>MAIN SPEAKER:</div> <div>Prof Claire Drummond</div> <div>'10 tips on getting inactive post cardiac patients active'</div> </div> <div> <div>SERVICE OF THE MONTH:</div> <div>Riverland Mallee Coorong</div> </div> <div> <div>CHAP PHARMACIST:</div> <div>Pros and cons of weight loss medications on the cardiovascular system</div> </div> </div> <div>   </div>	<div>  <div>AUGUST 10TH, 2022</div> </div> <div> <div>MANAGING MEDICAL RISK FACTORS</div> </div> <div> <div> <div>MAIN SPEAKER:</div> <div>Prof Margaret Arstall</div> <div>'Girl talk: managing CVD in women during pregnancy, menopause and beyond'</div> </div> <div> <div>SERVICE OF THE MONTH:</div> <div>SALHN, Flinders Medical Centre</div> </div> <div> <div>CHAP PHARMACIST:</div> <div>Re-thinking the old beliefs of oestrogen benefits the cardiovascular system</div> </div> </div> <div>   </div>	<div>  <div>DECEMBER 14TH, 2021</div> </div> <div> <div>XMAS SPECIAL</div> </div> <div> <div> <div>MAIN SPEAKER:</div> <div>Dr Alline Beleigoli</div> <div>CHAP/CATCH Project Outcomes baseline and Year 1: Celebrating what we have achieved !</div> </div> <div> <div>SERVICE OF THE MONTH</div> <div>OSCARS</div> </div> <div> <div>CHAP PHARMACIST:</div> <div>do 'MONA' treatment has clinical applicability to treat ACS at present?</div> </div> </div> <div>   </div>
<div>  <div>AUGUST 11TH, 2021</div> </div> <div> <div>ACTIVITIES FOR DAILY LIVING</div> </div> <div> <div> <div>MAIN SPEAKER:</div> <div>Prof Robert Adams</div> <div>'Managing sleep disorders post hospital discharge for a cardiac event'</div> </div> <div> <div>SERVICE OF THE MONTH:</div> <div>Northern and York Health Services</div> </div> <div> <div>CHAP PHARMACIST:</div> <div>What is NEW about the new SGLT2 inhibitor, Sotagliflozin?</div> </div> </div> <div>   </div>	<div>  <div>DECEMBER 8TH, 2021</div> </div> <div> <div>XMAS SPECIAL</div> </div> <div> <div> <div>HEALTHY EATING AND WEIGHT</div> </div> <div> <div> <div>MAIN SPEAKER:</div> <div>Professor Peter Clifton</div> <div>'Nutrition and cardiovascular disease: What is the evidence... What are the myths?'</div> </div> <div> <div>SERVICE OF THE MONTH LOGIES AWARD CEREMONY</div> </div> <div> <div>CHAP PHARMACIST:</div> <div>Can Type 2 diabetes medications help people lose weight?</div> </div> </div> <div>   </div> </div>	<div>  <div>MAY 11TH, 2022</div> </div> <div> <div>HEALTHY EATING AND WEIGHT</div> </div> <div> <div> <div>MAIN SPEAKER:</div> <div>Dr Kacie Dickinson</div> <div>'Excess sodium intake, hidden salts, food myths and cardiovascular disease'</div> </div> <div> <div>SERVICE OF THE MONTH:</div> <div>Riverland Mallee Coorong</div> </div> <div> <div>CHAP PHARMACIST:</div> <div>All about the two new non-statin drugs for cholesterol lowering</div> </div> </div> <div>   </div>	<div>  <div>SEPTEMBER 7TH, 2022</div> </div> <div> <div>PSYCHOSOCIAL WELLBEING</div> </div> <div> <div> <div>MAIN SPEAKER:</div> <div>Prof Adam Scott</div> <div>'Tele-Mental Health solutions for country cardiac patients'</div> </div> <div> <div>SERVICE OF THE MONTH:</div> <div>CALHN Royal Adelaide Hospital</div> </div> <div> <div>CHAP PHARMACIST:</div> <div>Depression treatment and cardiovascular diseases</div> </div> </div> <div>   </div>	<div> <div>EVERY SECOND WEDNESDAY OF THE MONTH</div> <div>45 MINUTES</div> <div>1-1:45PM</div> <div>VIA ZOOM</div> </div> <div>     </div>