



# CHAP TEAM NEWSLETTER



## WHATS NEW?



**HOSPITAL RESEARCH  
FOUNDATION EXPRESSION  
OF INTEREST  
SHORTLISTED!**

Our EOI was shortlisted to full application submission by the Women's Health Round of the Hospital Research Foundation. In this proposal titled "Cardiac Rehabilitation Especially for Women (CREW): a person-centred, co-designed model of care embedded within an existing web-based cardiac rehabilitation program to improve attendance and clinical outcomes for women living in rural and remote areas with cardiovascular disease", we are building on CHAP to tailor cardiac rehabilitation (CR) to meet women's needs and preferences particularly regarding social support and exercise training through CATCH web. We aim to increase CR attendance and completion among women living in rural and remote areas and in the long-term improve their clinical and patient-reported outcomes. Fingers crossed for a positive outcome on this grant!

## OTHER GRANTS IN PROGRESS

1. Australian government PhD Scholarship (Katie Nesbitt)
2. Astra Zeneca for further support for the CHAP Project
3. Wellbeing SA: Chronic Disease Integrated Partnership Grant
4. Flinders University Infrastructure Grant
5. MRFF CVD Mission (Integrated Care and Access)

## FAREWELL TO CHLOE GREEN

**Thank you to Chloe for your time in the team and your amazing creativity and passion for our project. Good Luck with you amazing contribution to the well being of the Ceduna Communities!**

# WE ARE ON THE ROAD AGAIN!

We're travelling across rural and regional SA conducting a series of co-design workshops with cardiac rehab consumers- this will be the first time the team has visited Port Lincoln!



## ROADSHOW SCHEDULE

OCTOBER 20TH - PORT LINCOLN

## WHATS ON IN OCTOBER?



**CONTINUAL PROFESSIONAL DEVELOPMENT SESSION:**  
**WITH CLINICAL PHARMACIST MR GREG ROBERTS**

**TOPIC: 'THIS IS WHAT I SAY IN THE DISCHARGE TALK FOR PATIENTS ON WARFARIN AND ANTICOAGULATION THERAPY'**

**WHEN: WEDNESDAY, OCTOBER 13TH**

**TIME: 1PM-1:45PM**

**WHERE: ZOOM**

PHARMACIST CORNER



**CHAP PHARMACIST**  
**Dr Lemlem**  
**Gebremichael**

What does the evidence say about the role of Myotrope therapy in HF patients with reduced ejection fraction?

SERVICE OF THE MONTH

**Barossa Hills**  
**Fleurieu**  
Local Health Network

# WHATS ON IN OCTOBER (CONTINUED)?

## PUBLIC SEMINAR

Q WHERE NO QUESTION IS TOO WEIRD  
A

### MEDICATIONS FOR PEOPLE WITH CARDIOVASCULAR CONDITIONS!

Have you recently been discharged from hospital after a heart event?

Come along to our public seminar and ask our Pharmacists all the questions you have about your medications.



**WHEN:** Friday the 15th of October, 2-3pm



**WHERE:** Flinders University, Tonsley Campus, G.42 lecture theatre (there will be lots of signage to guide people and free parking)



**LIVESTREAM:** <https://us02web.zoom.us/j/87157945933>



**COST:** FREE



CLINICAL PHARMACIST & RESEARCHER  
Mr. Greg Roberts



CHAP PHARMACIST  
Dr Lemlem Gebremichael



YOUR CHAIR  
Dr. Stephanie Champion



## UPCOMING BUSINESS MEETINGS

The Bi-annual CHAP Project Update Meeting will be held on Thursday October 14th from 1400-1530 via ZOOM

<https://us02web.zoom.us/j/82065353506?pwd=bTFyWVRYSndKUkdPNmwwVHFxY1JLZz09>

The CHAP Project Governance Committee Meeting has been re-scheduled to Thursday October 21st from 1600-1800 via ZOOM

<https://us02web.zoom.us/j/88096221384?pwd=TUdzd2d2YjV1aGhCN21RSIjrdDludz09>



The CHAP project is co-funded by NHMRC Partnership Grant (GNT 1169893)